**Abnormal Psychology**

**Fall 2022**

**PSY391.1**

|  |
| --- |
| Dear students!  Welcome to Abnormal Psychology course!  Abnormal Psychology is concerned with understanding, diagnosing, and treating mental disorders. We will explore symptoms of mental disorders through modern classification systems, such as DSM-V and ICD -11.  Our primary goal is *to increase awareness about mental disorders and allow you, in your nearest professional future, to be able to reduce the stigma and suffering of people.*  **Course learning objectives**   1. To remember and recognize the symptoms of different mental disorders. 2. To evaluate the reliability of diagnosis using modern classification systems. 3. To analyze development (pathogenesis) of a mental disorder, using different theoretical perspectives. 4. To analyze a transformation of symptoms in different mental disorders. |
|  |

*Keyword*: abnormal

**Instructor:**

* + - 1. Prof. Elena Molchanova, MD, Ph.D. [molchanova\_e@auca.kg](mailto:molchanova_e@auca.kg),

Schedule: Tuesday, 12.45-14.00 and Thursday, 12.45-14.00

**Number of credits:** 6 credits

**Required textbooks:**

 R.J. Comer (2014). *Fundamentals of Abnormal Psychology*. Seventh Edition.  New York: Worth Publishers (ISBN-13: 978-1-4292-9563-5)

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental*

*disorders* (5th ed.). Arlington, VA: American Psychiatric Publishing.

*All the necessary resources you can easily find at www.e-course.auca.kg*

**What you will be able to achieve after completing this course:**

1. After completing the course, you will recognize the symptoms of different mental disorders
2. To diagnose MD according to the modern classification systems
3. You will also be able to explain the course of development (*pathogenesis*) of a mental disorder using different theoretical perspectives
4. You will learn the basics of psychological treatment of mental disorders
5. You, hopefully, will be able to understand both legal and ethical issues in Abnormal Psychology.

**Several important issues before we start:**

**Participation is essential.**

Participation includes working in small groups, diagnostic sessions, recording short videos, etc.

**All types of plagiarism are strictly prohibited**. You are expected to read and follow the section on the Student Academic Dishonesty of the AUCA Code of Student Rights, Responsibilities, and Conduct.

**This syllabus is subject to change.**

Any changes to the syllabus we will announce either during our meeting sessions or at e-course.auca.kg. It is each student's responsibility to stay informed of any changes made.

**GRADING CRITERIA**

The final course grade will be determined based on the following components:

**Attendance and participation (15 %)**

I am usually bad in checking your attendance, but very careful in noticing your participation. Each of our seminar class will start with short on-line quiz, the system will check your attendance instead of me.

**Quizzes (20%)**

I am doing our best to create individual quizzes, which will be available from the second week of studying.

**Mid-term exam (20%)**

Mid-term consists of 30 multiple-choices; you will take it right after your Fall-break

**Character's presentations**     (**20%)**

Everyone will be assigned to present a mental disorder through character/s of famous movies. To do this, you will have to examine both a character and theoretic material from DSM-V thoroughly.

**List of movies (you can make your own choice):**

|  |  |
| --- | --- |
| Neurodevelopmental disorders: | *Sling Blade* (1996); *My Left Foot*(1989), *Me, Too* (2009); *Monica and David* (2009);  *Rory O'Shea Was Her*e (2004)  *David and Lisa* (1962);*Rain M*an (1988);*Adam* (2009); *The Horse Boy* (2009); *The*  *Black Balloon* (2008) |
| Neurocognitive disorders | *On Golden Pond* (1981) *Away From Her* (2006); *Amour* (2012) |
| Substance-related and addictive disorders | *The Lost Weekend* (1945) *Half Nelson* (2006); *Walk the Line* (2005); *The Fighter* (2010); *Bob and the Monster* (2013); *Owning Mahoney* (2002); *Smashed* (2012) |
| Schizophrenia spectrum and other psychotic disorders | *Clean, Shaven* (1994) *Take Shelter* (2011); *A Beautiful Mind* (2001) |
| Depressive disorders | *Ordinary People* (1980) *A Single Man* (2009); *Melancholia* (2011) |
| Bipolar disorders | *Mr. Jones* (1993) *Silver Linings Playbook* (2012); *Crooked Beauty: Navigating the Space Between Beauty and Madness* (2010); *Michael Clayton* (2007) |
| Anxiety disorders | *Vertigo* (1958) *The Perks of Being a Wallflower* (2012) |
| Obsessive-compulsive disorders | *As Good As It Gets* (1997) *Phoebe in Wonderland* (2008); *Matchstick Men* (2003) |
| Trauma- and stressor-related disorders | *The Deer Hunter* (1978) *The Hurt Locker* (2008); *The Dry Land* (2010) |
| Somatic Symptom and Related Disorder | *Persona* (1966) *Therese* (2004); *Hollywood Ending* (2002) |
| Dissociative disorders | *Psycho* (1960) *Peacock* (2010); *Unknown White Male* (2005) |
| Paraphilic disorders | *Lolita* (1962) *The Woodsman* (2004); *Secretary* (2002); |
| Gender dysphoria | *Boys Don't Cry* (1999) *Transamerica* (2005); *Normal* (2003) |
| Feeding and eating disorders | *The Best Little Girl in the World* (1982); *Primo Amore* (2004); *Center Stage* (2000); *Black Swan* (2010) |
| Sleep-wake disorders | *My Own Private Idaho* (1991) *Inception* (2010); *The Machinist* (2004); *Insomnia* (2002) |
| Disruptive, impulse-control, and conduct disorders | *Marnie* (1964) *2 Days in Paris* (2007); *Klepto* (2003) |
| Adjustment disorders | *The Wrong Man* (1957) *The Upside of Anger* (2005); *Best in Show* (2000) |
| Sexual dysfunctions | *Bliss* (1997) *The Sessions* (2012) |
| Personality disorders | *Compulsion* (1959); *Fatal Attraction* (1987)*Side Effects* (2013); *Jobs* (2013); *Blue Jasmine* (2013); *We Need to Talk About Kevin* (2011);  *The Iceman* (2012) |

**Final exam                (25 %)**

Final exam will contain both multiple choice and essay questions.

**GRADING SCALE**

|  |  |
| --- | --- |
| **Grade** | **Percentage Score Range** |
| A | 95-100 |
| A- | 90-94 |
| B+ | 85-89 |
| B | 80-84 |
| B- | 75-79 |
| C+ | 70-74 |
| C | 65-69 |
| C- | 60-64 |
| D | 55-59 |
| D- | 50-54 |
| F | 0-49 |

**Course schedule (flexible)**

|  |  |
| --- | --- |
| **Week** | **Topic** |
| 1 | Notion of a mental health and mental disorder. Main paradigms of psychopathology. Main classification systems |
| 2 | Anxiety Disorders |
| 3 | Posttraumatic Stress Disorder |
| 4 | Obsessive-Compulsive Disorders |
| 5 | Eating Disorders |
| 6 | Dissociative Disorders & Somatic Symptom Disorders |
| 7 | Depression |
| 8 | Bipolar Disorder |
| 9 | MIDTERM EXAMINATION |
| 10 | Schizophrenias |
| 11 | Dementias |
| 12 | Alcohol/Drug Disorders & Sexual Disorders |
| 13 | Personality Disorders |
| 14 | Neurodevelopmental disorders |
| 15 | Legal and Ethical Issues |
| 16 | FINAL EXAM |